

Government College Kottavam.

NSS Activities for the academic year 2018-2019

National Service Scheme is a programme aimed at personality development through social activities for the students. Our college has two units of N S S which is affiliated to Mahathma Gandhi University. N S S of our college was functioned under the supervision of Programme officers Sri. Aravind R, Assistant professor , P G Department of Economics and Smt. Priya P N ,Assistant Professor , Department of Geology. Akshai P R, Ahina A (both from second year B com) , Amina Nazar (second year B Sc Mathematics)and Renjith Siju (second year B Sc Geology) were student secretaries.

The academic year 2018-19 was marked by hectic activities performed by our NSS unit. The formal inauguration of the NSS activities for the present academic year and world Environment day celebration was held on **June 5th** . Principal Dr Mathew George inaugurated the NSS activities. As part of the world environment day observance, former Head of the Department of Botany Prof. Valsalakumar planted a sapling of frankincense in our college campus, later our volunteers planted a number of tree saplings inside the campus on the same day.

We observed **Yoga Day on June 21st**. The programme was inaugurated by Dr. R Pragash ,Syndicate Member of Mahathma Gandhi University. Trained volunteers demonstrated various yoga postures and explained their processes and results. Other volunteers followed and practiced it . The programme was conducted in collaboration with NCC unit of our college. Volunteer secretary Akshai P R made a talk on 'Importance of Yoga in our daily life' .

On July 20th SWACHTHA KI SEWA, a campus cleaning programme was conducted .Most of the volunteers participated the programme sincerely.

Hiroshima Day was observed on 6th August by conducting a poster making competition and it was formerly inaugurated by our Principal Dr. Mathew George . Cash prizes for 1st , 2nd and 3rd were distributed by Prof. K Ramachandran Nair,H.O.D. of Physical Education Department.

On **August 15th** we observed **Independence Day** with a debate competition on the topic “ **Freedom Of Expression**” other than all official functions . It was moderated by our volunteer secretary Akshai P R.



During the time of the historical devastating flood in our state, our college organized a **Flood Relief camp** from August 17th to August 24th to help the victims from the flood affected areas of Kottayam and Alappuzha Districts. A total of 817 persons registered and out of this, 693 persons including 56 children camped in our college. Our volunteers done a great job for the functioning and successful completion of the camp.



Our NSS unit has taken part Rebuild Kerala Survey of Kottayam municipality from September 15th to 17th in flood affected wards of Kottayam Municipality . The second phase survey was conducted from September 21st and 22nd . Hundred (100) volunteers of our college had participated the programme.

On **September 24** we observed NSS Day with various activities . Our Principal Dr. Mathew George inaugurated the programme.



On **September 27 World Tourism Day**, our volunteers participated in a one day camp on Tourism organized by Kottayam District Tourism Promotion Council.

On October 2nd Gandhi Jayanti day we conducted two cleaning programmes, one at Public Health Centre, Nattakom. and the other at our college campus. The work was very tough and it ended at 4 pm.



Campus cleaning



On oct 22nd We participated voters ID registration programme in support of election commission. Our volunteers Akshai P R, Ahina A and Jinu Mary Varghese participated a workshop regarding voters ID registration procedure conducted by Revenue Department . Later, these volunteers conducted a mass voters ID registration programme in our college.



On October 26th our volunteer secretaries Akshai P R, Ahina A, Renjith Siju and Amina Nazar participated in a meeting for the formation of **Kerala Voluntary Youth Action Force** conducted by Kerala Youth Welfare Board at Sathyagraha hall Vaikom Municipality.

On October 31st, our volunteers participated in a mass cleaning programme called “Green Carpet” of the Kottayam District Tourism Promotion Council at Kodimatha Park.



On the same day our unit conducted an awareness class in our college about the ‘necessity of election enrollment and how to register voters ID card’ in collaboration with Kerala Youth Welfare Board. Thereafter our unit organized an ‘election id card campaign and online voters registration’ in our campus from 1st to 15th November.



Voters list registration through mobile app

On November 19 our volunteers participated a workshop on “ **Zero Budget Natural Farming- New Challenges**” at MG University campus . Padmasree Subhash Palekkar was the chief speaker.



On November 20, National Integration Day was observed in our unit by conducting a Quiz competition for the students in our college . Twelve teams were participated in the event . The team of Sreelekshmi and Rahul of the Political Science Department was the winners and Saurav Babu and Rahul of the Botany Department was the runner up.



On 24th and 25th Nov orientation camp for the new volunteers were held.



On November 26 we observed **Constitution Day** with a special programme on Indian constitution. We conducted two Constitution awareness classes for the students and teachers in our college. Prof. Chandran Komath and Dr. Manoj Kumar were the resource persons for the programme.



On 1stDecember 2018 World Aids Day was observed. We organised a rally at Nattakom for speaking out the threat of AIDS in our society.



A Pre-Camp Orientation program was organized at our college on December 20th for the newly enrolled campers.

Seven Days special camp “**SUKRITHAM 2018**” was held from December 21 to 27 at Govt. Vocational Higher Secondary School, Mariappally and our College. Reconstruction of a flood devastated road in 42nd ward of Kottayam Municipality was the major project in our special camp. Other than the main project educational classes, Yoga classes, Environmental awareness programs were also conducted.



On 14th January, as part of the Republic day celebration, Shourya Chakra Colonel Manoj M P, an alumnus of our college had visited our unit and shared his experiences as an army officer with the volunteers.



On January 19 :- Or NSS team Participated in District Youth Parliament selection process. Akshai PR, Midhun K Gopakumar, Naveena Beddy Anand, Anjali K Abhikumar are selected



On January 26th, Republic Day was observed in our college under the leadership of NCC and NSS. NCC officer Captain K Ramachandran Nair hoist the National flag, ANO of Naval wing Mr. CD Cherian and Program Officer Mr Aravind R addressed the gathering.



On February 2nd our NSS volunteers participated “ **VITHA MAHOLSAVAM**” a sowing programme organized by ‘Krishi Bhavan’ Kottayam and Kottayam Municipality in the paddy fields of Kodimatha-Muppayikkad-Poozhikkunnu. The programme was inaugurated by our Hon. Agricultural Minister Mr. Sunil Kumar.



We observed International Women’s Day on March 8th by organizing a Blood donation camp at our college auditorium with the help of Blood Bank, Medical College Kottayam. A total of 43 persons including students, teachers and nonteaching staff were participated the blood donation camp.



On March 14th we visited an anganwadi at Muttam, Nattakom and distributed collected toys and books to the kids. Most of the volunteers participated in the programme. This was the last programme in this academic year.



In this academic year our NSS unit observed all national days, celebrated most festivals, arranged cleaning campaigns and Voters ID registration campaign, participated in Rebuild Kerala Survey, conducted Flood relief camp and Blood donation camp etc.. Thus our NSS unit acts as a silent servant to the society and architect to mold a wise student.